

Inspire to Aspire

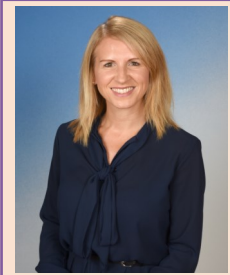


Nightingale

News

Autumn Term 1
October 2023

Headteachers News



Dear Parents,

It has been an absolute delight to welcome all our children back into our school this term, especially all new families who have joined the community. The enthusiasm, energy and positivity they have returned with has been infectious and we are all so excited about the year ahead and the possibilities of what we can achieve.

Nightingale Celebrates great results in 2023!

At end of last the academic year, we shared and celebrated among the staff the successes we had seen in the outcomes of all our children. We saw on average attainment increases of 10% compared to the previous year. Even better, our Year 6 SAT results in Maths improved by 17% - we were delighted and know that these great results will well support our children who have now moved onto secondary school. The challenge now is to continue the rise in our data; with a dedicated and skilful team leading the learning of our children, we feel confident that our data will continue to rise.

Meet the New Teacher Event

We know so many of you, like us, appreciated the welcome into your child's new classroom to meet the team. It was lovely to see so many of you and hope you enjoyed the time with your child's class teacher as well as time to look through your child's books. It is well known that engagement with your child's **learning** is crucial to their success at school which spurs us on to connect with you in any way we can. Our Meet the New Teacher event, Parents evening and parent workshops are all ways that we endeavour to do this.

Building Works

Recent weeks have been noisy inside as our contractors concentrate on the external features. We have significant work being carried out on our hall and the Year 4/5 lobby area which we're hoping will be completed over the half term.

We are not able to open the key stage 1 playground yet as there's still cladding works to be completed. Following this, we are having a canopy installed to the length of the building and new paving.

You may have also noticed tarmac lifting on the playground due to the heavy loads that have crossed it to enter the compound area. The contractors will be patching this up with a longer-term plan to have the whole playground resurfaced before our ground source heat pump is installed. Yes we've had further approvals for works to make our building more sustainable! We are extremely grateful! Next summer, the field will be lifted to install a horizontal ground source heat pump the size of a football pitch. This does mean further disruption to our playing and sporting areas but it'll be worth it and we will have the full use of the rest of our grounds that have been occupied by our contractors.

Swimming

With Nightingale's pool closed due to the exorbitant cost in its running, our Year 4s have been walking down to Places Leisure Centre every Tuesday afternoon to enjoy developing their water competencies. We have two groups already in the 'big pool' making the most of the deep end and length of the pool while those that need to build their confidence, are enjoying the safety of the shallow pool to master their swimming strokes.

The Year 4 cohort are loving this with the vast majority saying they prefer it to the lessons they have had in NPS's pool.

Compassion

Over recent weeks we have been thinking about the value of compassion. Together we have been learning ways to show compassion which include:

Caring for yourself and your body inside and out;

Being kind and gentle;

Understanding the difficulties others face;

Caring for the Earth and the environment by being mindful and not wasteful about what we use and how we throw things away.

From the Harvest offerings, to Jeans for Genes, The Rotary Shoebox Scheme (coming soon) and individual examples like Mrs Prince wanting to raise money to make our adventure playground fully accessible to all at NPS, modelling how compassion can be extended beyond the classrooms. This week, when I was showing a visitor round the school for prospective school places, they commented on how polite our children were as children walked 'Fantastically' around the school holding doors open, saying hello and even offering a chair to sit down on to join in with the lessons.

Over recent weeks, we have all been striving to show compassion such as:

Invite someone new to play with you

Tidy up without being asked

Thank an adult for helping you

Say something kind to a classmate

Write a kind note for someone in your family

Say sorry if you've done something wrong

Ask someone if they need help

Let someone go in front of you in the line


Smile at someone

These small acts all help us live well together and we hope these have been extended home!

As we move through this half term, we hope that you have felt welcomed and well supported by our team here at Nightingale. It is amazing that so many fantastic learning and opportunities have happened already this academic year and we look forward to more.

Thank you, as always, for your ongoing support, kindness and compassion as we work together to improve the learning of all our children over the coming months.

Yours sincerely,



Mrs Hannah Beckett

Headteacher

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Nightingale Noticeboard

October

23 - 27 Oct	Half Term
30th Oct	1st day back after half term
30th Oct	Year 4 Autumn Watch Day

November

1st Nov	Year 5 Antarctic Explorer visitor
2nd Nov	Year R Autumn Watch Day
3rd Nov	Year 3 Trip to Butser Farm
3rd Nov	PTA Firework Night Event
3rd Nov	Family Links Nurturing Programme (5 of 10)
6th Nov	Year 3 Autumn Watch Day
6th Nov	Phonics Workshop — 14:30 —15:00
8th Nov	Year 1 Autumn Watch Day
9th Nov	Autumn Watch Day
10th Nov	Remembrance Day
10th Nov	Year 2 Autumn Watch Day
10th Nov	Family Links Nurturing Programme (6 of 10)
15th Nov	School Photographer
16th Nov	Bags2School — PTA
16th Nov	Nasal Flu vaccination
17th Nov	Family Links Nurturing Programme (7 of 10)
24th Nov	Year 4 Milestones Museum Trip
24th Nov	Family Links Nurturing Programme (8 of 10)

December

1st Dec	Family Links Nurturing Programme (9 of 10)
1st Dec	Xmas Disco
7th Dec	Year R Vision, Height & Weight - School Nursing team
8th Dec	Family Links Nurturing Programme (10 of 10)
8th Dec	PTA Xmas Gift Shop
8th,11th,12th Dec	Year 6 Bikeability
18 Dec - 1st Jan	Christmas Holiday

EYFS Autumn Learning

The EYFS children have made a fantastic start to their time at Nightingale; developing new friendships and participating in lots of new learning.



In phonics the children have been learning important pre-reading and writing skills through lots of engaging games and activities. They have now learnt their Read Write Inc set 1 sounds. The children are learning to sound out and blend to read and build simple words using their magnetic boards and letter tiles.

In our PE lessons the children have shown great listening skills when following instructions and changing their shoes independently. The children have loved their Coach Jake lessons so far.



The children have been enjoying our 'We're Going on a Bear Hunt' inspired learning this half term and have spent time developing their language skills and retelling of events. They have been working on their fine motor control by cutting out and making their own bears.

The children in EYFS enjoyed their first 'Flyaway Day' where they made their own passports, boarded a plane to visit Italy. During their day the children learnt information about Italy and made their own pizzas!

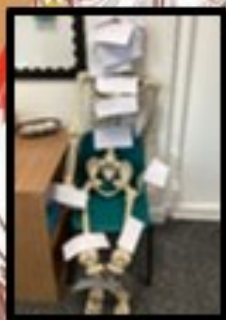


We would like to say a big well done and thank you to the EYFS children and families for such a super start to the school year.

Welcome to Year 1

It has been so lovely to get to know your children over the past few weeks. They have made a great transition into Year 1. Here are some of the things we have been up to since September.

Marvellous Me! The children loved sharing their 'All About Me' bags telling the class about what they liked to do and some of the adventures they had had over the summer holidays.



Maths We have been working on counting forwards and backwards from a given number, finding 1 more or 1 less and representing numbers in a variety of ways including using numicon, words for numbers, part-part whole models & using our practical equipment. We have also started looking at making amounts up to 20p with money, using our work on tens and ones.

English & Phonics Over the past few weeks the children have been writing about themselves, their families, Gary the skeleton, their homes & their friends. They have been using their phonic knowledge to write the sounds they hear & are beginning to use capital letters, finger spaces & full stops with greater independence.



Forest School We have been very excited for our weekly Forest School lessons with Mrs Brown. After learning about how to keep ourselves safe in the area, we explored the hammock and slack line. We then had a go at whittling sticks, leaf printing, creating bird feeders and making clay tree spirits.

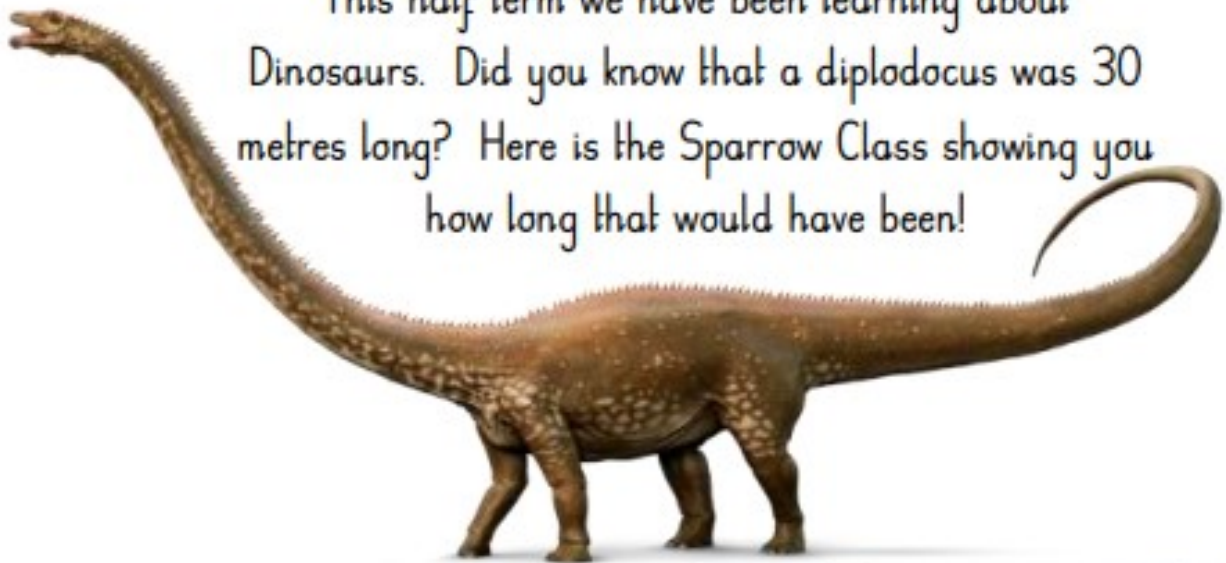


Welcome to our Year 2 Newsletter

Autumn 1



This half term we have been learning about Dinosaurs. Did you know that a diplodocus was 30 metres long? Here is the Sparrow Class showing you how long that would have been!



Genes for Jeans day

We raised money and awareness of genetic differences at the end of September by wearing our jeans to school and donating money to the charity. Great fun was had by all!



We loved retelling the story of 'Harry and the Bucket Full of Dinosaurs'. We were able to remember the story off by heart and sort the pictures to help us to write the story.



This term we have been looking closely at number, order of numbers and how to add and subtract. We have used different resources to show numbers and to solve problems, checking that our answers are correct.



Welcome to Year 3!

The children have settled into their new Key Stage 2 classrooms beautifully! They have loved having access to the Key Stage 2 area in the Library every Tuesday to expand their reading knowledge even further. We would also like to welcome Spencer and Kyan as the new Year 3 Young Governors. They were voted in by their classmates in the recent school election.



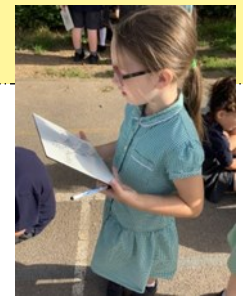
Year 3



Myths & Legends

We have loved the children sharing their amazing homework with us across the year group and are so impressed with their imaginative ways they have shared their knowledge as posters, models and flags. This half term we have been investigating the Myths and Legends that are connected to the UK. On our first day we found a mysterious, gigantic egg in the bushes of the playground!

The children have enjoyed learning about the Patron Saints and their adventurous stories such as George and the Dragon.



Cookery Afternoons
This half term the children have been given the exciting opportunity to cook some amazing dishes such as: Vegetable Soup, Union Jack Rice and Cottage Pie. The children loved being able to chop weigh and measure the ingredients – their favourite job was tasting at the end! All recipes will be added to class dojo so that they can be recreated at home.



Intergr8 Dance

We have been enjoying our sessions with Lauren from Intergr8 Dance, who has been showing us how to Street Dance! The children are currently learning multiple amazing dance moves to create a dance masterpiece!



Design Technology

We are currently creating Pneumatic Mechanisms using the egg boxes and bottles collected from home. The children have enjoyed learning about compressors and receivers while creating their very own creature with the egg box!



Year 4 Newsletter

Welcome to Year 4

What a wonderful start to the year! Your children have shown that they are resilient and creative learners. They have thrown themselves into all things Viking and have written some fantastic adventure stories about Arthur and the Golden Rope. Not only have the children created some fantastic written outcomes, they demonstrated that they are accomplished mathematicians too, mastering skills in place value and addition and subtraction. The children have also been enjoying diving into their first Design Technology project and are learning lots about dynamics in Music too.



Design Technology

This term, Year 4 have been planning, designing and making Viking chariots. The children evaluated chariots initially and learned about what makes a good vehicle. They planned and designed their chariot based on the Viking Gods and Goddesses before learning about accurate measuring and how to use a junior hacksaw safely and effectively. Each of the children cut their square section wood and dowel independently to create their frames before using cardboard and an elastic band mechanism to finish it off and create high quality outcomes.



Swimming

We have been so lucky in Year 4 as we have been given the opportunity to head down to Places Leisure every Tuesday to take part in swimming lessons. The children are working so hard on mastering their swimming skills and have also shown how responsible and sensible they are when it comes to travelling along the roads on our walk each week.

Music

As part of our Viking learning journey, we have been learning about dynamics in Music – particularly forte, piano, crescendo and diminuendo. We shared the story of Beowulf and the monster, Grendel. The children worked together to create a composition that had varying dynamics to match the animation that we shared.

Year 5

Year 5 have worked extremely hard over the past half term and have settled back into school brilliantly. We have been really engaged on our learning, particularly in Maths, English and Reading to ensure we have covered all skills needed when transitioning from Year 4 to Year 5. We have been focused on setting a higher standard of presentation in our books as this is expected from Upper KS2. During our topic, we have become firmly entrenched in the Ancient Greeks, using several books



(‘Leo and the Gorgon’s Curse’ and ‘A Journey Through Greek Myths’) to help generate some information texts about the Greek mythical creatures and complete layered pictures of these from paints and pastels based on Victoria Toppings work in Art. We have, most recently, been using the story of Theseus and the Minotaur to help the children generate some powerful story extracts and will finish by creating a clay bust of our creates. On our last week will we celebrate our topic with a visit from Treehouse theatre who will explain different stories from Greek mythology through drama.



During our maths lessons, we have consolidated and built on our place value knowledge; exploring numbers up to 1,000,000. We have been extremely resilient when rounding and learning new mental methods to ensure we are using the most efficient methods to solve calculations. As well as using our written column method for addition and subtraction. We have been immersed in a wide range of vocabulary to understand multiples, factors and prime numbers. As well as using known facts to multiply and divide

In science, we have explored light and how it travels. We asked some big questions like “Does light travel in a straight line?” and “What colour is light?”. We have experimented what happens when light travels through different objects and how the eyes see this. In History and Geography, we have looked at how the Ancient Greek civilisation has affected our society today and at how both Ancient and modern-day Greek life have been influenced by its climate and position within the world.

During our music lessons, we have been lucky enough to have the listen to me musicians in to help us learn to play the ukulele. It has been lovely seeing the children settle in, make new friend and work on previous ones. Children have been focused on the school rules and have become more reflective through our topic of belonging in PSHE and RE to think about gratitude and respect; creating well round and thoughtful pupils and learning the first two pillars in the Islamic religion



A massive well done to all those who showed courage applying to be our class governors and putting themselves forward to help Year 5 become the best they can be. Well done to Indie-Rose and Darcey who were appointed this year.

Year 6

There is so much to celebrate from our first half term in Year 6! The children have settled well and are getting familiar with all the new routines and faces! This term our focus is independence. Having their own pencil cases, using resources from the classroom to help them and remembering their reading log are examples of how the children are practising this!



DT- Moving Chinese Dragon CAM toys

We have been learning about dragons and how they are very important to Chinese culture and celebrations, including new year! The children have been making a CAM mechanism to show these moving dragons, using wood, hacksaws and glue guns to create the frame. Look out for our finished products at the front of school after half term!



Music

In music lessons, we have been listening to a minimalist piece called 'Short Ride in a Fast Machine'. We practised and performed a group piece that had a steady beat and then other instruments added in. The children worked collaboratively to produce impressive performances!



Girls Football!

We were really proud of our girls who competed against Castle School in Fareham in the first round of the Hampshire Cup. Although we lost, the girls displayed huge courage to keep competing until the end as well as showing respect in defeat. Well done girls!

Scientific Enquiry

In Science, the children have been learning about gravity and air resistance. They had a go at creating their own parachutes, finding that the larger the surface area the more air resistance.

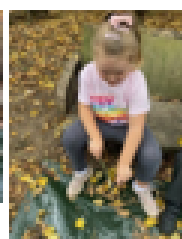
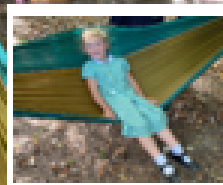
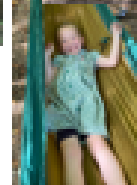
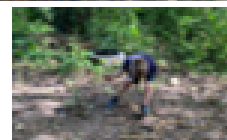
When learning about water resistance, they created their own tin foil boats and we tested them for both speed and strength- Victor's boat managed to hold 107 marbles!



Forest School in Year 1

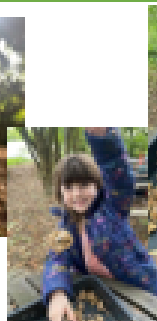
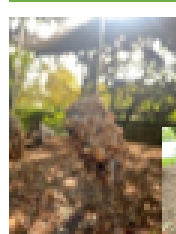
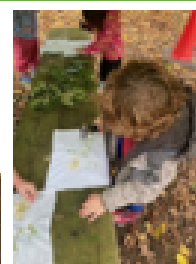
Well done Year 1 for being the first Year group to take part in Nightingale's Forest School sessions.

All the children have been amazing and have thoroughly enjoyed themselves each week. The children have loved using the slackline and hammocks safely, and have learnt our new Forest School songs and the Forest School rules.



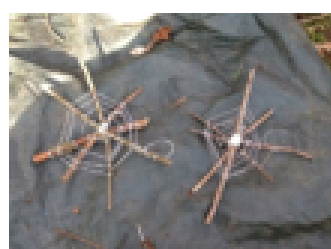
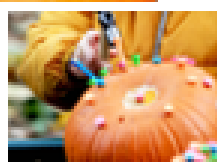
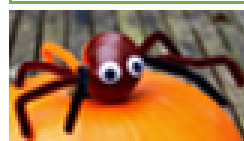
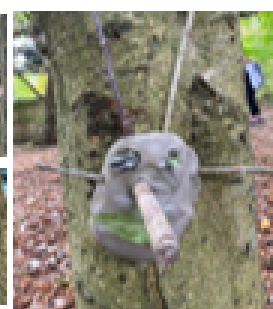
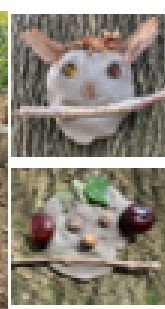
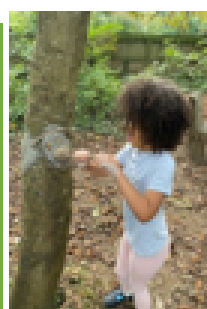
The children were introduced to the new skill of whittling. Due to the children's age, they used vegetable peelers to whittle sticks. A veggie peeler is a good tool for children to start with and is useful for simple jobs like stripping off bark. They learnt to use a push stroke technique to cut away the bark, always away from the body never towards.

The children also learnt the skill of leaf printing. They had to forage for different types of leaves and bring them back to the leaf printing station. There the children were taught the safety rules of using hammers and how to use the hammer to print leaves onto fabric. We pretended they were making flags for a pirate ship, which they loved.



The children made pine cone bird feeders to hang at home in the garden. They mixed lard with birdseeds by squishing them together in their hands. The children then squashed the mixture around the pine cone pushing it into every nook and cranny of their pine cone. We added string so they can be hung from a tree.

The children enjoyed making 'clays tree spirits', also known as faces in the trees. Firstly, the children had to press a big ball of clay on the tree which made the base of the tree's face, then they gathered of natural materials found in the woodland walk to press into the clay and create the key features of the face.



To celebrate Halloween the children made little conker spiders. They used a hand drill to make a hole through the middle of the conker, and then pushed pipe wire in the hole to make the spider's legs. The children loved making these Halloween decorations, plus they were also really fun to play with down in Forest School. Great work Year 1.

Nightingale's Young Governor Elections

To begin the elections, the children had an assembly to teach them all about democracy in the UK and how Young Governors will be the MP's of Nightingale.

The children then went away to express their interest in becoming a Young Governor and this became narrowed down to 3 candidates per class.

The campaigning last almost 2 weeks with badges, stickers and lots of posters being distributed around the school. Next the children created manifesto's that they presented to their constituencies'. All candidates did a fantastic job and showed tremendous courage.

Finally, election day arrived and the children visited the polling station to place their votes. They were each given a ballot paper where they would draw a cross next to their chosen candidate just like they would when they become adults.



Huge Congratulations to the following new Nightingale Young Governors:

Robin- Dulcie
Kittiwake - Ronnie-May
Sparrow - Lottie
Wagtail - Nancie
Jackdaw - Samuel
Wren - Kyan
Kite - Penelopi
Owl - Evelyn
Skylark - Indie-Rose
Lapwing - Darcey
Buzzard - Fatimah
Peregrine - Layani



Harvest Celebrations

Harvest time is a great time to think about other people and the ways in which we might be able to help them. During our Harvest Service, we learned that the meaning of Harvest is to increase. We listened to a story that Mrs Beckett told us which all began with someone with a kind heart who found five potatoes. This person with a kind heart used these potatoes to increase their harvest. They grew and grew potatoes, shared them with those who needed them and then used money that they had made to help others around the world with their harvest. We learned that increased harvests mean that people will not suffer with hunger and that our acts this week of making an offering will ensure that we are helping those that need it in our community.



Dear God,

We are amazed at the Harvest.

We are grateful that seed can grow and increase.

Thank you for the sunshine and rain, for fields and good soil.

Thank you for farmers who work so hard in the fields to provide us with food.

Thank you for Eastleigh Basic Bank who makes sure food is shared properly and it goes to those who need it most.

Thank you for helping us understand the difficulties that others have.

Amen

Finley: Dave closed the bank to let us in.

Tuliah: Dave told us that each week, Eastleigh Basic Banks shares £5000 of food with people who are in need.

Myla: Dave told us that this year the need for Basic Banks in Eastleigh had increased by 45%.

Samuel: Everyone who works at Basic Banks does it for free. They show compassion by giving their time to help other people.



We would like to give a HUGE thank you for your continuing generosity and we know it will be enormously appreciated at the Eastleigh Basic Food Bank in today's climate.

Jeans 4 Genes Day

This year, we decided to raise money for a very important cause. The Jeans for Genes campaign raises awareness of the daily challenges faced by those living with a genetic condition and raises money to fund projects that make a tangible difference to the lives of those affected.

Most importantly, the campaign:

brings together the genetic condition community in order to make a loud noise about the issues that matter to them, shines a light on the organisations that work tirelessly to improve the lives of affected individuals; and celebrates the achievements of those living with a genetic condition.

On Friday 22nd September 2023, the children and staff of Nightingale all wore a denim item of clothing to celebrate and raise awareness. We all learnt about some of the genetic conditions that exist and how that can impact the families involved. We also discussed how there are people all around us with genetic conditions and how we can support them. We raised £183.40 in cash and plenty more people donated online. Thank you everyone who donated!



ATTENDANCE CORNER

As a nation, we are struggling to see school attendance rates rise to those we were achieving prior to the Covid pandemic.

The Department for Education (DfE) asked the Government and the Department for Health to provide schools with a clinical and public health perspective on mild illnesses and school attendance.

All schools then received a letter, in which stated that: *there is wide agreement among health professionals and educational professionals that school attendance is vital to the life chances of children and young people. Being in school improves health, wellbeing, and socialisation throughout the life course. The greatest benefits come from children and young people attending school regularly.*

They then went onto say: *It is usually appropriate for parents and carers to send their children to school with mild respiratory illnesses. This would include general cold symptoms: a minor cough, runny nose, or sore throat. However, children should not be sent to school if they have a temperature of 38°C or above.*

Finally, they asked that schools share the [NHS 'Is my child too ill for school?' guidance](#) which can be found via the link.

As a school, we are in a fairly strong position at this time, especially when compared to this time last year, when our whole school attendance was just 96.1%.

Red Band 0% - 89.9%	Pink Band 90% - 92.9%	Amber Band 93% - 95.9%	Green Band 96% - 100%
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Overall		4.9.23 – 5.10.23
Year Group	Class & %	Class & %
EYFS	Kingfisher 98.1%	Woodpecker 99.1%
Year 1	Kittiwake 95.5%	Robin 99.1%
Year 2	Sparrow 95.4%	Wagtail 98.2%
Year 3	Jackdaw 96.7%	Wren 97.1%
Year 4	Owl 97.6%	Kite 97.2%
Year 5	Lapwing 96.4%	Skylark 97.8%
Year 6	Buzzard 98.7%	Peregrine 96.8%

Overall		4.9.23 – 5.10.23
Year Group	Attendance %	
EYFS	99.6%	
Year 1	97.3%	
Year 2	96.8%	
Year 3	96.9%	
Year 4	97.4%	
Year 5	97.1%	
Year 6	97.7%	
Whole School	97.4%	

Summer Reading Challenge 2023

Ready, Set, Read!

Presented by The Reading Agency. Delivered in partnership with libraries.



Eastleigh Schools' Summer Reading Challenge Competition 2023



Final Results	%
Cherbourg	8 th
Crescent	7 th
Fair Oak Inf	10 th
Fair Oak Jun	11 th
Nightingale	2 nd
Norwood	4 th
Shakespeare Inf	3 rd
Shakespeare Jun	9 th
Stoke Park Inf	1 st
Stoke Park Jun	5 th
Stoneham Park	6 th

Supported using public funding by
ARTS COUNCIL ENGLAND

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SUMMER READING CHALLENGE

Summer Reading Challenge 2023

Ready, Set, Read!

Presented by The Reading Agency. Delivered in partnership with libraries.



Congratulations to Nightingale Primary School for achieving second place in Eastleigh Library's Summer Reading Challenge Competition 2023!



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SUMMER READING CHALLENGE



Online Safety Newsletter

September 2023

The W App - Anonymous polls

The W App is rated as 12+ in the App store and as 'Parental Guidance' on Google Play. Once an account has been created, the user picks their school and participates in polls.

A user can choose any school (no verification takes place) and then you can see all users at that school (includes their name/year group and profile picture if that has been added). In the polls, users are asked a question (for example 'Hallway crush') and then the user selects one of four random people from that school. Whilst the app says that it is anonymous, users can purchase a membership that allows users to see who chose them in a poll.

You should be aware that this app does include in app purchases and can be linked to other social media accounts. You can block and report other users.

Further information

Internet Matters have produced an article outlining what you need to know about anonymous apps in general and the risks your child might face in using them, including cyberbullying.

<https://www.internetmatters.org/resources/anonymous-apps-guide-what-parents-need-to-know/>

Back to school photos

With the excitement of a new school year and your child reaching a new milestone, many of us share photos of our child online without thinking about the associated risks. If you post online, then try following these basic rules:

- Don't post any photos of your child that show their school logo/name or recognisable places by where they live that can make it easy for people to find out their location.
- Never include your child's full name.
- Are there any other children in the pictures you share online? If yes, do you have permission from their parent/carer to upload it?
 - Would your child be happy for your comment/photo about them to be online – remember what might be 'cute' now may be embarrassing to them in the future.
- Make sure appropriate privacy settings are on.



Alternatively, you could just share photos with those who you really want to share the photo with (grandparents etc.) via WhatsApp or iMessage rather than via social media.

Further information

CEOP have published this article which includes advice on sharing photos of your child online:

<https://www.thinkuknow.co.uk/parents/articles/Sharing-pictures-of-your-children/>

Meta introduces more parental supervision tools.

Meta have announced new features for some of their products. Firstly, they have added parental supervision to Messenger (users must be 13+), which includes the ability to see who your child interacts with. Also, Meta have added a feature to encourage teens to set time limits on Facebook (users must be 13+) and new parental supervision features on Instagram (users must be 13+). Find out more here:

<https://about.fb.com/news/2023/06/parental-supervision-and-teen-time-management-on-metas-apps/>

Threads (13+)

Threads was launched by Meta (creators of Facebook, Instagram and WhatsApp) in July and is similar in design to Twitter. As with Twitter, users can share text posts (with images and videos) and then other users can respond to create a thread. You need to have an Instagram account to login to Threads and you must be at least 13 years old to create an Instagram account.



For everyone 13 – 17 years old (in the UK), their account will automatically be set as private when they join Threads. As with Instagram, users can choose specific words to filter out of replies as well as hide comments that may be offensive. Users can also unfollow, block and report a profile. Any accounts that you have blocked on Instagram will automatically be blocked on Threads as well. Users can also change their settings on Threads so other users are unable to mention them in replies.

If you have supervision set up on Instagram for your child (aged 13 – 17) then it will automatically be set up for Threads and the same settings will be applied, such as time limits and scheduled breaks. You can find out more here: <https://help.instagram.com/658522825492278>

Threads is still being developed so new functions will be added but currently you are unable to direct (private) message other users.

You need to be aware that your child may come across content that is not appropriate for your child. If your child is using this app, then make sure they know how to use the reporting/blocking facilities, that appropriate privacy/safety settings are applied and they know to speak to a trusted adult should they need to.

Further information

<https://www.childnet.com/blog/instagram-threads-a-guide-for-young-people-and-parents/>

Age ratings

There is so much that we can do online nowadays including playing games, chatting with others, watching TV or sharing our videos/photographs. One of the ways we can help keep our children safe online is by checking age restrictions/ratings as detailed below:

- **Films:** The British Board of Film Classification (BBFC) rate films. This page includes a link to a 'Parents' Guide to Age Ratings': <https://www.cbbfc.co.uk/resources/viewing-films-safely-online>.
- **Video games:** PEGI provides age classifications for video games. PEGI considers the age suitability of a game, not the level of difficulty. It is important to note that PEGI do not take into consideration the chat facilities within games.
- **Apps:** Check the individual age ratings within the relevant app store. We also recommend that you download any apps and use them yourself to check their suitability.
- **Social Media networks:** All social media networks have a minimum age rating; they are all at least 13+.



Does your child have speech, language and communication needs?

Parent Zone understand that talking about life online with a young person who has speech, language and communication needs (SLCN) makes it difficult, so they have created a selection of visual and spoken resources to help you. You can find out more here:

<https://parentzone.org.uk/TalkTech>

Roblox: new checklist

PEGI rate Roblox with a 'Parental Guidance' label (icon shown right), this is because of the huge level of user generated content within Roblox. It is rated for 'Teens' on Google Play and 12+ on the App store.



You can either use Roblox to create games or play games that other users have created. As a lot of the content is user generated, it may mean not all games will be suitable for your child to view/play. It is important to set up Parental controls appropriate to your child.

New Roblox Checklist

The 2023 Roblox Checklist created by SWGfL and the UK Safer Internet Centre in partnership with Roblox is now available to download here:

<https://swgfl.org.uk/magazine/new-roblox-checklist-available/>

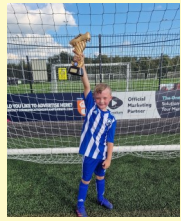
WORLD'S BIGGEST COFFEE AFTERNOON

WE ARE
MACMILLAN.
CANCER SUPPORT

WORLD'S
BIGGEST
COFFEE
MORNING



Thank you to everyone that donated cakes or came to our coffee afternoon. We raised £147.



Bailey in Sparrow class, has been awarded Coaches player & Parents player this term for BTC U8 Cobras.

Congratulations Bailey!



Maggie in Jackdaw class was awarded a special certificate by Sherborne House, whilst playing for the school football team, for demonstrating one of their schools 'golden threads'. She has also been awarded a medal for playing for her Whiteley Wanderers U8 team.

Well Done Maggie



Well done to Lilly in Owl Class who has grown some lovely carrots in the school allotment.



James from Kingfisher Class completed his 1st Summer Reading challenge.

Well Done James

Evelyn in Owl Class become a Sixer at Brownies & started her Royal Ballet training journey in September.

Well Done Evelyn



Congratulations everyone, we are super proud of you all!

to all of you !

Well done to Madison in Wagtail class for taking the school values beyond the gate. She attended a 24hour dance-a-thon for the charity shelter. She spent 2 hours dancing, helping younger children and even the mascot Minion when he fell over.

Through our values of Respect, Courage, Compassion and Friendship, we learn to Inspire to Aspire.

If your child has demonstrated our school values outside of school and you'd like to share with us, please let us know at teachers@nightingale.hants.sch.uk

Nightingale Primary School After School Clubs

Club	Day	Dates	Year Groups	Costs	Contact Details
Nightinglee	Monday 3.20 – 4.15	1 st session 18 th September Last session 4 th December 2023 (Excluding half term, any bank holidays & inset days).	Year 2 to 6	Free	nightinglee sign up form
Integr8 Dance	Wednesday	1st session 13th September Last session 6th Dec 2023 (Excluding half term, any bank holidays & Inset days)	Year 3 to 6	£6 per session	will@integr8dance.com Tel 01962 808398
Integr8 Dance	Thursday	1st session 14th September Last session 7th Dec 2023 (Excluding half term, any bank holidays & Inset days)	Year R*, 1, & 2 (*from Oct half term)	£6 per session	will@integr8dance.com Tel 01962 808398
Computer Explorers	Monday	1 st session 11th September Last session 4 th Dec 2023 (Excluding half term, any bank holidays & Inset days)	Year 1,2 & 3	£7.50 per session	southampton@computerexplorers.co.uk Tel: 02381 940006
Computer Explorers	Tuesday	1 st session 12th September Last session 5 th Dec 2023 (Excluding half term, any bank holidays & Inset days)	Year 4, 5 & 6	£7.50 per session	southampton@computerexplorers.co.uk Tel: 02381 940006
Coach Jake Gymnastics	Tuesday 3.20 – 4.20	1 st session 12th September Last session 5 th Dec 2023 (Excluding half term, any bank holidays & Inset days)	Year 1 to 6	£7 per session or £75 per term	jg7coaching@gmail.com
Coach Jake – Boys football	Wednesday 3.20 – 4.20	1 st session 13th September Last session 6 th Dec 2023 (Excluding half term, any bank holidays & Inset days)	Year 1 to 6	£4 per session £48 per term	jg7coaching@gmail.com
Coach Jake – Cricket	Thursday 3.20 – 4.20	1 st session 14th September Last session 7 th Dec 2023 (Excluding half term, any bank holidays & Inset days)	Year 1 to 6	£4 per session £48 per term	jg7coaching@gmail.com
Coach Jake – Girls football	Thursday 3.20 – 4.20	1 st session 14th September Last session 7 th Dec 2023 (Excluding half term, any bank holidays & Inset days)	Year 1 to 6	£4 per session £48 per term	jg7coaching@gmail.com
Coach Jake – Multisports	Friday 3.20 – 4.20	1 st session 15th September Last session 8 th Dec 2023 (Excluding half term, any bank holidays & Inset days) (Excluding half term, any bank holidays & Inset days)	Year 1 to 6	£4 per session £48 per term	jg7coaching@gmail.com
Junior Advntures Group (JAGS) Afterschool Care	Daily			£13 per session	Tel: 0333 5771533 hello@junioradventuresgroup.co.uk