



Nightingale Primary School

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Headteacher: Mrs Hannah Beckett

1st September 2023

NPS Forest School Program

Dear Year 1 Parents/Guardians

We are excited to inform you that the Year 1 children will be taking part in our new Forest School program. This 6-week program is a unique and enriching experience that will provide numerous benefits for your child's growth and development. Your child's program will take place on either **Monday or Tuesday afternoons** for this half term period depending on which class your child is in.

Please can we ask that you send your child in with a spare set of clothes, shoes and waterproofs (if they have them), on **Monday 4th September**, so they can change into them for their Forest School sessions. If clothes need cleaning and replacing then these will be sent home to be cleaned but will need returning for the following weeks' session.

Forest School is an educational approach that centres around outdoor, nature-based learning experiences. The program aims to foster a deep connection and appreciation for the natural world, while also enhancing various skills and attributes in children. We want to share with you some key aspects of what Forest School is all about:

- Outdoor Exploration
- Holistic Development (encompassing physical, cognitive, emotional, and social aspects)
- Creativity and Imagination
- Environmental Awareness
- Life Skills
- Health and Wellbeing
- Learning Through Play

We will share your child's experiences on their class Dojo page and encourage you to communicate with us and share any insights or feedback regarding your child's participation on this page. We value your partnership in creating a fulfilling and enriching experience for your child.

Please feel free to reach out if you have any questions or require further information. We look forward to welcoming your child to our Forest School program and witnessing their growth and development in the natural world.



Warm regards,

Mrs Brown
Forest School Leader

***Through our values of **Respect**, **Courage**, **Compassion** and **Friendship**, we learn
to **Inspire to Aspire*****