



My Curriculum Map

2025/2026

	TERM 1		TERM 2		TERM 3	
Reception	Introduction to PE : Unit 1	Fundamentals : Unit 1	Gymnastics : Unit 1	Ball Skills : Unit 1	Sports Day Prep	Games : Unit 1
Year 1	Fundamentals	Ball Skills	Gymnastics	Invasion Games	Sports Day Prep	Net and Wall Games
	Forest School	Yoga	Striking and Fielding Games	Team Building	Dance	Target Games
Year 2	Gymnastics	Ball Skills	Striking and Fielding Games	Invasion Games	Sports Day Prep	Net and Wall Games
	Sending and Receiving	Forest School	Dance	Yoga	Team Building	Target Games
Year 3	Tennis	Yoga	Football	Netball	Athletics/Sports Day Prep	Cricket
	Dance	Hockey	Gymnastics	Forest School	OAA	Ball Skills Y3/4
Year 4	Tennis	Ball Skills Y3/4	Football	Gymnastics	Athletics/Sports Day Prep	Cricket
	Swimming	Swimming/Yoga	Forest School	Dance	OAA	Netball
Year 5	Dodgeball	Yoga	Rugby	Basketball	Athletics/Sports Day Prep	Rounders
	OAA	Hockey	Gymnastics	Tennis	Forest School	Dance
Year 6	Dodgeball	Hockey	Rugby	Basketball	Athletics/Sports Day Prep	Rounders
	Yoga	Dance	Gymnastics	Tennis	OAA	Forest School