



Nightingale Primary School
Blackbird Road, Eastleigh, Hampshire SO50 9JW
Telephone: (023) 8061 3588 Email: adminoffice@nightingale.hants.sch.uk

EYFS Forest Fridays

Dear Year R Parents/Guardians,

We are delighted to inform you that your child will soon be taking part in our Forest Program during their time in Year R. This unique, 6-week experience offers many opportunities for growth and development, fostering a deeper connection with the natural world. Through this program, your child will gain valuable skills and attributes. Below are some of the key elements:

- Outdoor Exploration
- Holistic Development (covering physical, cognitive, emotional, and social growth)
- Creativity and Imagination
- Environmental Awareness
- Life Skills
- Health and Wellbeing
- Learning Through Play

Year R sessions will take place on Friday afternoons. When it is your child's turn for the 6-week program, we will notify you via our Year R Dojo page. For these sessions, please ensure your child comes to school with a spare set of clothing (long sleeves and trousers), wellies, and most importantly waterproofs as we will be going out in all weathers. We will send any clothes home that need cleaning, but they should be returned in time for the following week's session.

We'll be sharing your child's experiences on Tapestry, and we encourage you to engage with us, providing any insights or feedback about your child's participation. Your involvement is key to creating a fulfilling and enriching journey for your child.

Should you have any questions or need further information, please don't hesitate to reach out. We look forward to welcoming your child to their Forest Sessions and watching them thrive in this natural learning environment.

Warm regards,
Mrs Horwood
Forest Leader
Nightingale Primary School

Through our values of Respect, Courage, Compassion and Friendship, we learn to Inspire to Aspire.